



# 2010 LUNCH MENU

**ALWAYS AVAILABLE:**

**TUNA or TURKEY**  
or **SUNBUTTER\* & JELLY**  
on whole wheat bread

**SALAD BAR**  
with all the fixings,  
including  
Mixed Greens,  
Carrot Sticks,  
Pasta Salad,  
Chick Peas,  
Cucumbers, Beets,  
Tomatoes, Broccoli,  
Shredded Cheese,  
Raisins & Croutons

Fresh Baked  
**Whole Wheat Bagels**

**Ice Pops** or  
**Ice Cream**  
every afternoon

*\*Sunbutter is made from sunflowers and contains no peanuts or tree nuts.*

WEEKS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 &amp; 5</b>	<b>PIZZA</b> Tossed Salad Sliced Peaches Chocolate Pudding Juice and Water	<b>CHICKEN NUGGETS</b> Tossed Salad Corn Watermelon Juice and Water	<b>BAKED ZITI</b> or Buttered Noodles Dinner Roll Tossed Salad Cookies Juice and Water	<b>GRILLED CHEESE</b> Tossed Salad Potato Stix Brownies Juice and Water	<b>HAMBURGERS</b> or <b>HOTDOGS</b> Tossed Salad Potato Chips Watermelon Juice and Water
<b>2 &amp; 6</b>	<b>PIZZA</b> Tossed Salad Pineapple Chunks Chocolate Pudding Juice and Water	<b>CHICKEN PATTY</b> on a bun Tossed Salad Corn Watermelon Juice and Water	<b>MAC &amp; CHEESE BITES</b> Potato Stix Tossed Salad Cookies Juice and Water	<b>PANCAKES</b> or <b>EGG &amp; CHEESE</b> on a Whole Wheat Bagel Watermelon Juice and Water	<b>MEATBALL HEROS</b> Tossed Salad Potato Chips Brownies Juice and Water
<b>3 &amp; 7</b>	<b>PIZZA</b> Tossed Salad Sliced Peaches Chocolate Pudding Juice and Water	<b>CHICKEN NUGGETS</b> Tossed Salad Corn Watermelon Juice and Water	<b>BAKED ZITI</b> or Buttered Noodles Dinner Roll Tossed Salad Cookies Juice and Water	<b>GRILLED CHEESE</b> Tossed Salad Potato Stix Brownies Juice and Water	<b>HAMBURGERS</b> or <b>HOTDOGS</b> Tossed Salad Potato Chips Watermelon Juice and Water
<b>4 &amp; 8</b>	<b>PIZZA</b> Tossed Salad Pineapple Chunks Chocolate Pudding Juice and Water	<b>CHICKEN PATTY</b> on a bun Tossed Salad Corn Watermelon Juice and Water	<b>MAC &amp; CHEESE BITES</b> Potato Stix Tossed Salad Cookies Juice and Water	<b>PANCAKES</b> or <b>EGG &amp; CHEESE</b> on a Whole Wheat Bagel Watermelon Juice and Water	<b>MEATBALL HEROS</b> Tossed Salad Potato Chips Brownies Juice and Water

Accommodations made for special dietary needs. Eagle River is "Peanut Aware" and no peanut products are used. No trans fats and no fried foods!